

| LAPS | MILES |
|-------------|--------------|
| 72 | 1.0 |
| 108 | 1.5 |
| 144 | 2.0 |
| 180 | 2.5 |
| 216 | 3.0 |
| 252 | 3.5 |
| 288 | 4.0 |
| 324 | 4.5 |
| 360 | 5.0 |
| 396 | 5.5 |
| 432 | 6.0 |